



# **IMPETUS for SYNERGY**

**Asian Confederation for Physical Therapy  
(ACPT) Congress 2018 *cum***

**Philippine Physical Therapy Association  
(PPTA) National Convention 2018**

**November 23-25, 2018**

*(with Pre-Congress Workshops on November 22, 2018)*

**Waterfront Hotel and Casino, Lahug, Cebu City, Philippines**

## About ACPT and the Congress

Established in April 27, 1980, the Asian Confederation for Physical Therapy (ACPT) aims to promote growth of the physical therapy profession in Asia. Currently, the member countries are Indonesia, Japan, Macau, Malaysia, Philippines, South Korea, Taiwan, and Thailand.

While Asia remains to be one of the fastest growing economies in the world (ADB, 2017), it is faced with various health issues that threaten movement and function, including environmental health challenges, communicable diseases, non-communicable diseases, challenges to reproductive health, child and adolescent health and care for older persons, and health systems development (WHO-WPRO, nd). Physical therapists have the capacity to contribute solutions to these challenges, by providing services that develop, maintain and restore people's maximum movement and functional ability within the health spheres of promotion, prevention, treatment/intervention, habilitation and rehabilitation (WCPT, 2015).

Recognizing the diversity in physical therapy practice across Asian countries, there is great potential for learning from each other and sharing best practices. Partnership and collaboration will lead to a more unified approach in dealing with the region's health concerns and maximizing full life potential of the Asian population.

The ACPT Congress 2018 *cum* PPTA National Convention 2018 aims to provide a venue for ACPT member countries to sit down, discuss best practices, explore partnerships, establish networks, and create plans for collaboration towards common goals. This gathering of physical therapy professionals and students aptly reflects the merging of the individual nature of these organizations — PPTA's objective of being the impetus for a stronger physical therapy profession in the Philippines — and the ACPT facilitating collaboration among member countries to promote growth of the physical therapy profession in Asia. This congress aims to serve as the **IMPETUS** for sustainable partnerships among ACPT member countries, working in **SYNERGY** to significantly contribute to better health outcomes for the people we serve.

## Invitation to Submit

The Scientific Committee for the 14<sup>th</sup> ACPT Congress 2018 *cum* PPTA National Convention 2018 welcomes your abstract submissions for various scientific sessions of the Congress to be held on November 23-25, 2018 in Cebu City, Philippines. ACPT Congress 2018 *cum* PPTA National Convention 2018 will be an opportunity for physical therapy practitioners at different career stages and work settings to share their interests with colleagues from Asia and other parts of the world. Abstracts will be peer-reviewed, and their acceptance will be based on scientific merit of the submitted abstract, adherence to submission guidelines and relevance to the congress theme.

The following session formats for the Congress are open to abstract submissions:

Formats	Description	Session Length
<b>Pre-congress Workshop</b> <i>(22 November 2018)</i>	Seminars and/or workshops on current trends in specialized areas of practice.	3-4 hours
<b>Focused Symposium</b>	Practical issues in specific areas of practice of physical therapy and comprehensive reviews of research in these areas. Symposium features three experts who will give 10-minute presentations on a topic of interest, followed by discussion.	45 minutes
<b>Ignite Session</b>	Ten-minute presentations of a physical therapist's most pressing challenges in professional practice, followed by discussions with a panel of experts, and the audience, to provide peer-supported advice.	45 minutes
<b>"Pitch for Collab" Sessions</b>	Cluster of 3 five-minute proposals for collaborative projects, followed by 30-minute discussions within smaller groups of individuals who will be interested to engage in one of the proposed collaborations.	5-minute presentations within 45-minute sessions
<b>(Within Congress) Workshop</b>	Interactive sessions intended to enable participants to demonstrate a particular skill or produce an output or product.	45-90 minutes
<b>Research Platform Presentations</b>	Ten-minute presentations of completed research or scholarly work.	10-minute presentations within 45-minute sessions
<b>Research Poster Presentations</b>	Visual presentations of completed research or scholarly work.	Collective 45-minute session, interacting with viewers of the poster exhibits

Abstract submissions are welcome for any topic that fit at least one of the following congress themes:

1. Orthopedic and Manual Therapy
2. Neurologic PT
3. Geriatric PT
4. Pediatric PT
5. Cardiothoracic PT
6. Sports PT
7. PT Education
8. PT Research
9. Community-based Rehabilitation
10. Ethics and Good Clinical Practice
11. Leadership and Governance in PT

Presenters should be guided by the following dates:

Key Dates	Activity
<b>June 1, 2018</b>	Abstract submissions open
<b>July 15, 2018</b>	Abstract submissions close
<b>August 15, 2018</b>	All submitting authors notified of submission outcomes
<b>August 30, 2018</b>	Deadline for authors to decline presentation offer
<b>September 15, 2018</b>	Date by which presenters must be registered in order for their presentation details to be included in the congress proceedings
<b>November 22-25, 2018</b>	ACPT 2018 <i>cum</i> PPTA 2018

## Abstract Submission Requirements

Submission of abstracts will only be accepted via Google Form (<https://goo.gl/JWWVst>). To ensure that all abstracts are submitted to publishable standard, authors must adhere to the requirements detailed below. **Abstracts that do not adhere to these requirements will not be reviewed or accepted.**

Please note that the **submitting author must be the presenting author**. Correspondence will be with the presenting author. The presenting author does not have to be the first named author listed on the abstract.

### General Requirements

- You confirm that the submission has been approved by all authors.
- Your abstract **MUST** be no more the 250 words (including sub-headings and Key Implications on Practice).

- You are responsible for securing funding and arrangements for travel, accommodation or registration for the Congress, and any other cost related to preparing the presentation, and any other cost related to attending the Congress.
- The submitting author must register to attend the Congress on or before **September 15, 2018** to be able to present the accepted abstract.
- You give permission for your accepted abstract submission to be published on the congress proceedings.
- Accepted abstracts will be allocated in the relevant sessions.
- You agree to submit your presentation via Google Form (<https://goo.gl/JWWVst>).
- The Scientific Committee will need to be notified of any change to the presenting author. Corresponding changes will be made on the final program if there is sufficient time.

## Content Requirements

**Word limit:** Abstracts will be a maximum of 250 words, including key implications to practice, but not including title / authors / affiliations. Abstracts exceeding this limit will **not** be reviewed or accepted.

**Title:** Abstract titles should be no more than 20 words and written in CAPITAL case.

**Authors and affiliations:** The presenting author must be underlined. Only one presenting author is allowed per presentation.

**Biography:** The presenting author must submit a biographic profile (maximum of 150 words) to be used during introduction of the speakers.

### **Abstract content:**

Abstracts for the various session formats must contain the following information:

- **Objective:** Purpose of the presentation and the intended outcome, if applicable
- **Overview of content and flow of presentation:** A brief narrative of how the presentation will proceed, focusing on the main content to be delivered.
- **Key implications to practice:** State how the presentation will have an impact on the PT practice

For research presentations (platform and poster), the following outline should be followed:

- **Aim:** State the primary objective and the research question posed or the major hypothesis tested
- **Design:** Describe the design of the study and the rationale for the procedures adopted
- **Method:** Describe the number of participants, how they were selected and methods of data collection and analysis.
- **Results:** Include numerical/textual data
- **Conclusion/Key Implications to Practice:** State conclusions that can be drawn from the study, including theoretical, methodological, or applied/policy implications as appropriate and any key limitations of the study and how the learning outcomes of the session will contribute to participants' practice

## Style Requirements

**Language:** All abstracts must be in English

**Tables, references and figures:** Tables, diagrams, references, graphs and figures are not accepted within or at the end of the abstract.

**Lists:** Do not use bullet-pointed or numbered lists within the abstract except for the key implications to practice.

## Format Reminders

**Abbreviations:** Do not use abbreviations in the title and abstract. However, standard units of measurement, which do not have full stops after them (e.g. kg, cm) and which do not need to be preceded by the full term at first use, are acceptable.

**Capitals:** Use capitals sparingly but capitalize proper nouns and most adjectives derived from proper nouns. Divisions of the data set may also be capitalized, e.g. Group 1, Stage 2. Capitalize official titles of conferences, congresses, postgraduate courses, institutions, organizations, businesses and government departments. Do not capitalize 'the' except when it is part of the official title.

**Numbers and percentages:** Integers one to nine should generally be spelled out and numbers greater than nine shown as numerals.

### Exceptions to this rule include

- percentages, for which numerals are used in all cases (e.g. '7%')
- measures which involve abbreviations (e.g. '7 km')
- scores and ratings (e.g. 'on a 9-point scale, the mean score was 7')
- numbers used at the start of a sentence, which should be spelled out for numbers less than one thousand and one
- When reporting data, be conscious of the precision of the data and report a corresponding number of decimal places. Descriptors of distributions (such as means) may have greater precision than individual measurements.

**Statistics:** Use a lower case italic '*p*' when reporting *p* values, except when beginning a sentence. Wherever possible give the exact *p* (e.g.  $p = 0.034$ ) rather than the significance level (e.g.  $p < 0.05$ ). Use spaces before and after the '=' sign. Report *p* to two decimal places if *p* is greater than or equal to 0.01, and to three decimal places if *p* is less than 0.01 but greater than or equal to 0.001. If *p* is less than 0.001, write ' $p < 0.001$ '.

When reporting confidence intervals, use the abbreviation 'CI' and separate the upper and lower confidence limits by the word 'to'. (For example, 'mean = X (95% CI Y to Z)').

It is usually not necessary to report *t*, *F* or  $\chi^2$  values, or to provide ANOVA tables.

**Metric abbreviation:** Common metric abbreviations are used for most measures but degree and tons should be spelled out in full. Metric abbreviations do not take a plural (e.g. kg or cm, not kgs or cms). Leave a space between numerals and abbreviations, e.g. 10 km, not 10km (the exception is %, which does not have a space before it).